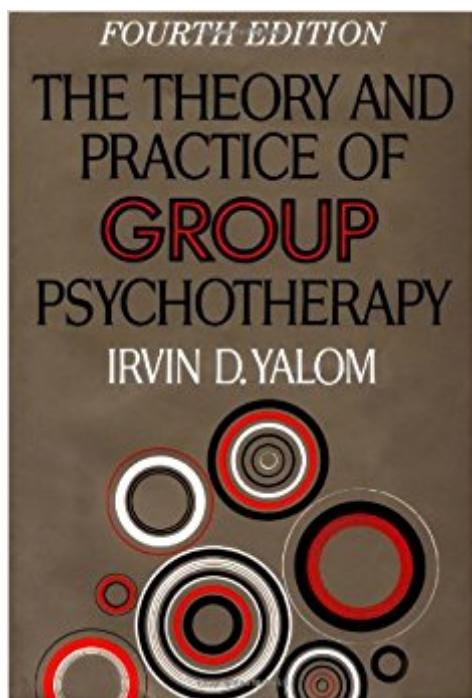


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# The Theory And Practice Of Group Psychotherapy



## Synopsis

Hailed by Jerome Frank as "the best book that exists on the subject, today and for the foreseeable future," Irvin D. Yalom's *The Theory and Practice of Group Psychotherapy* has long been the standard text in its field. Indeed, in a survey reported in the *American Journal of Psychiatry*, it was cited as one of the ten most influential psychiatry publications of the past decade, and it was one of the very few judged to be of "seminal or lasting value." In this completely revised and expanded fourth edition—updated to reflect the American Psychiatric Association's latest diagnostic manual, the *DSM-IV*—Dr. Yalom presents the most recent developments in the field, drawing on nearly a decade of new research as well as his own broad clinical wisdom and experience. This edition features new sections on combining individual and group therapy, the latest information about brief group therapy, and how to modify group work to deal with the newly emerging homogeneous focal groups (including survivor groups), as well as updated references and new clinical vignettes drawn from the author's recent practice. Throughout, Dr. Yalom has updated the style and content of the chapters, while retaining valid research and clinical observations. Illustrating the text are vivid cases from nearly two thousand group sessions that he has led over the past decade. *The Theory and Practice of Group Psychotherapy* is an informative text that is at once scholarly and lively. This new edition is the most up-to-date, incisive, and comprehensive text on group therapy available today.

## Book Information

Hardcover: 688 pages

Publisher: Basic Books; 4th edition (March 10, 1995)

Language: English

ISBN-10: 0465084486

ISBN-13: 978-0465084487

Product Dimensions: 9.5 x 6.4 x 2 inches

Shipping Weight: 2 pounds

Average Customer Review: 4.4 out of 5 stars 304 customer reviews

Best Sellers Rank: #37,978 in Books (See Top 100 in Books) #37 in Books > Health, Fitness & Dieting > Mental Health > Compulsive Behavior #117 in Books > Textbooks > Social Sciences > Psychology > Psychopathology #124 in Books > Medical Books > Psychology > Clinical Psychology

## Customer Reviews

Irvin D. Yalom, M.D., is professor emeritus of psychiatry at the Stanford University School of Medicine. He was the recipient of the 1974 Edward Strecker Award and the 1979 Foundation's Fund Prize in Psychiatry. He is the author of *When Nietzsche Wept* (winner of the 1993 Commonwealth Club gold medal for fiction), *Love's Executioner*, *Every Day Gets a Little Closer* (with Ginny Elkin), and the classic textbooks *Inpatient Group Psychotherapy* and *Existential Psychotherapy*.

Another great book for students and those in the field.

Great Book! Love the real life case / client stories.

I'm reading this book for a master's psychology class and it is quite interesting. However, the vocabulary often kills it. If you are asked to purchase for class then just rent it b/c personally I will read it once but that's it.

Yalom is genius! Great book for anyone studying in the helping fields.

The most important book any IMF or ASW should read, even if it isn't included in your studies, you should include it in your studies. Irvin Yalom is a brilliant psychotherapist, and this book will support your ideas of both individual and group therapy practice.

Arrived on time and new quality.

Yalom is one of those writers that knows he has great things to say, but he is going to make you tread through a ton of rambling to get there. There are gems to be mined here; just have a highlighter ready. Also, there is a ton of self promotion here: Yes, we get it Mr. Yalom you wrote other books ya don't have to tell us 6 times per chapter. Overall a necessary read if you plan on facilitating group therapy, as Yalom is the authority in this field. My advice: edit this thing down!

Dear Sirs: I love the book but it is thirty years old. I wish Dr. Yalom would revise the book before he cannot any more. With all due respect; Wolfgang M. Schwartzenweintraub.

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